



FOOD ALLERGY POLICY

Effective as of April 2nd, 2008

Gymnastic Academy of Boston (G.A.B.) recognizes that food allergies, in some instances, may be severe and even occasionally life-threatening. The foods most likely to cause allergic reactions are peanuts, tree nuts, dairy products, eggs, soy, wheat, fish, and shell-fish. Although most food allergies produce symptoms that are uncomfortable, persons with allergies to the above-listed foods can suffer more serious consequences.

G.A.B. would like to support you in your endeavors to make the world a safer place for our children and has created this policy to reduce the likelihood of severe allergic reactions of students with known food allergies while in our care.

G.A.B. would like to ask all of our members and non-members to help G.A.B. become a facility that is a Food Allergy Aware Zone. Please, be aware that as of today we are not a Food Allergy Free Zone, but we are hoping that with your support we will bring a high level of awareness to this matter and make our facility safer to your children.

- Parents of students with life-threatening allergies must provide G.A.B. with emergency medications and a written medical treatment protocol for their student for addressing allergy-related events. G.A.B. will keep medication and epinephrine (EpiPen) provided by student's guardian in a secure location where the Health Administrator can access it when necessary.
- Information pertaining to a student's allergies will be shared with G.A.B. staff that have contact with the student, but otherwise will be kept as confidential as possible.
- Peanut allergies are among the most common. Accordingly, G.A.B. will educate all member and non-member costumers about the awareness of food allergies and encourage all students and families to provide lunch and snacks that are free of nuts to ensure the student's safety.
- G.A.B. will work with all member and non-member costumers to reduce the likelihood that peanuts, tree nuts, or nut oil products are brought in to our facility during classes, birthday parties and/or camps.
- G.A.B. requires that all staff and students wash their hands before and immediately after eating.

Though G.A.B is committed to student safety we cannot guarantee that a student will never experience an allergy-related event while in our care, and therefore has created this policy to reduce the risk that children with allergies will have an allergy-related event.